

**Dickinson Wrestling Club
2007 Technique Camp
June 1,2,3, 2007
8:00 am to 11:00 am Daily
Dickinson High School Wrestling Room
979 13th Ave. West**

Camp Clinicians: 5 present members of the 2007 NCAA Division 1 National Champion Minnesota Gophers.

Camp participant's will be limited to **35** wrestlers. (Dickinson area wrestlers will have priority)
All wrestlers must have a current USAW card and are available for \$25 if needed.

Ages=Midgets through Juniors.

Learn "today's" latest **techniques** from the nation's top wrestlers!!

Motivational information talks on:

Match Preparation
Conditioning
Proper weight reduction
Mental toughness

Great preparation for :

Northern Plains Regionals
Cadet and Junior Nationals
Next years Junior High, Senior High or youth seasons.

Camp costs:

\$100 per wrestler includes all three days.
(The DWC will cover ½ the cost of any club members or ¼ the cost of any Dickinson High School non-club members. This will reduce the fee to \$50 for club members and \$75 for other Dickinson High/Jr High wrestlers. You can use your "camp account" money to cover these fees.

The Dickinson Wrestling Club is proud and excited to bring this Camp to Dickinson, thereby eliminating the cost of travel, room and board. These camp clinicians have worked camps all over the country. Clinician biography's will be updated in the near future.

The Dickinson Wrestling Club is offsetting a majority of the clinician costs to keep YOUR costs affordable. (Camps by these Division 1 wrestlers normally cost between \$300 and \$400 per wrestler) Remember, Summer Wrestling =Winter Champions!!

Once again, camp numbers will be limited to the first 35 wrestlers divisions Midget through Juniors. First come-first served with Dickinson area wrestlers having priority.

Send your name, address, phone number, Parent's name, and USAW card # and a check for the appropriate amount to:

**Dickinson Wrestling Club Camp
513 Elks Drive
Dickinson, ND 58601**

For more information, call Rick Mellmer at 225-2920 or go to www.dickinsonwrestlingclub.com

