

TO: Athletic Directors
West Region Wrestling Coaches

FROM: Jim Roaldson, Tournament Manager



DATE: January 30, 2007

SUBJECT: West Region Wrestling Tournament

Jamestown is looking forward to hosting the West Region Wrestling Tournament at Jamestown High School on February 10th. Good luck to all teams and we hope you enjoy the tournament.

- Awards:** Team 1st & 2nd, Individual 1-8 per weight class, COTY, Outstanding Senior Wrestler.
- Site:** Jamestown High School, 1509 10th St. NE, Jamestown
- Bus Parking:** Buses should park in the southeast corner of the high school
- Passes:** There will be no tournament passes given. Upon arrival at the meet site, wrestlers, trainers, managers, and cheerleaders will be stamped for entry identification.
- Sports Medicine:** An EMT/First Aid responder will be provided. Person does have knowledge of athletic training, but is no longer certified as an athletic trainer.
- Weigh-ins:** Weigh-ins will begin at 9:00 AM on second floor in the Jamestown High School wrestling room.
- Locker Room:** Locker rooms are available, but valuables should not be kept in the locker room at Jamestown High School. We are not responsible for lost or stolen articles. If you are missing anything, please let the head table know as soon as possible.
- Cheerleaders:** There will be a dressing area available for the cheerleaders.
- Officials:** Randy Platz (Bismarck), David Rochholz (Minot), Jeb Williams (Bismarck), Jim Ladbury (Dickinson)
- Ticket Prices:**
- | | |
|-----------|--------|
| Adults: | \$6.00 |
| Students: | \$4.00 |
- Event Regulations:** The West Region Tournament will be conducted in accordance with rules and regulations outlined by the NDHSAA. A copy of the regulations can be found in the November Bulletin.
- Seeding Meeting:** Friday, February 9th, at 6:30 PM in the Media Center of Jamestown High School.
- Parade of Athletes:** Teams should assemble at 10:20 a.m. in the south hallway at the end of the gym.
- First Round:** 11:00 a.m.
- Championship/Awards:** Approximately 5:30 PM

If you have any further questions, please contact Jim Roaldson @ 952-4005.

Good luck to all athletes and teams.

**Seeding Meeting
Friday, February 9, 2007**

**Jamestown High School
Media Center @ 6:30 PM**

DWC

Agenda

1. Seed West Region Tournament
2. Vote for top 2 "Outstanding Senior Wrestler"
3. COTY
4. Weigh-in information
5. Coaches questions regarding tournament
6. WDA coaches meeting (advisory items, etc)
**Lunch will be provided*

West Region Wrestling Tournament Time Schedule

9:00 AM	Weigh-in
10:30 AM	Parade of Athletes
11:00 AM	First Round Second Round Semi Finals and First Round Wrestle Backs Wrestle Backs for 2 nd and 3 rd Round
Approximately 5:30 PM	Championship Matches and Awards

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